

Branch Newsletter

Volume 27, Number 8

APRIL 2007

In This Issue

[Program](#)

[President's Message](#)

[Membership](#)

[EF](#)

[LAF](#)

[Public Policy](#)

[Diversity/Equity](#)

Interest Groups

- Afternoon Lit Group
- Evening Lit Group
- Gourmet Group
- No Host Lunch
- Bridge Marathon Request

[Calendar](#)

Mission
AAUW advances equity for women and girls through advocacy, education and research.



"Fitness for a Lifetime"

Guest Speaker: Mike Waters, Director of Health Promotion

Saturday, April 21

10 a.m.

Timberhill Athletic Club

2855 NW 29th St., Corvallis

(Check in at the desk for the location of the meeting)

Do you want to age well? Don't miss this meeting. Mike Waters will address the topic, "Health in the New Millennium". He will talk about where we've been and where we are with societal-public health behaviors, trends and "status". He will re-define health and fitness. "It isn't just being buffed or running marathons," he believes. He will give meaning and relevance to personal health.

Waters' current assignment is to develop worksite, small business, and community health promotion programs. In doing so he collaborates with health care systems on health education and will develop a future health promotion program model for an "aging well" community.

Waters has a BA in Health Education and an MA in Exercise Physiology-Adult Fitness. He opened and put in an adult fitness program at Timberhill Athletic Club (TAC) in 1980 and has 11 years professional service in health promotion at the YMCA.

Our guest speaker also spent 12 years managing Hewlett-Packard's (Corvallis) Health Promotion program for TAC and worked for a health-fitness corporation developing staff health promotion programs.

Come to Mike Waters' program to get new insights on your own health goals as you grow older. He's sure to enlighten and inspire you!

Coordinator: Marilyn Roland

Meeting Facilitator: Diana Bernstein

President

Sue Borden
752-6036

sueborden@cmug.com

Program Development

Co-VPs

Urchyl Bohard
745-5949

tinybubbles@peak.org

Nancy Sanderson
757-0832

nancys4314@aol.com

Jan Christensen
929-6230

jchristensen6145@msn.com

Membership Co-VPs

Louise Livesay
753-4813

fanlu@aol.com

Mary Mills
745-7961

millsmaryr@msn.com

Nelwyn Price
754-3612

douqp@peak.org

Treasurer

Stefani McRae-Dickey
929-7988

mcraedic@peak.org

Secretary

Sandra Edinger
929-4373

genesandra@msn.com

Newsletter Editor

Martha Jenkins
758-4390

marthaj@peak.org

Newsletter & Website Administrator

Cynthia McMahon

cynthiamcm@gmail.com



President's Message

President
Sue Borden, 752-6036
sueborden@cmug.com



Notes from Sue: Doing Nothing

As I write this, I'm in the middle of my second week of doing nothing in the Arizona desert. The first week was hard, but now I'm getting the hang of it. In fact, I'm enjoying it. It's really not my nature to do nothing. In fact, most of the time I feel driven to make most, if not all, of my time productive. But RV life here in the desert is pretty much stripped down to the basics—eating, sleeping, visiting with the neighbors, soaking up sun, watching the stars at night. Nothing productive—just being. It's very much like meditating. It's rejuvenating.

By the time you read this, I'll be back—being productive again—but maybe not quite so driven to do so. AAUW has several important events coming up in April and May. I hope I'll see you at one of them—or more! We have important work to do and to support. Equity is still an issue.



Events Calendar

APR	Activity	Time	Location
4	Evening Lit Group	7:30 p.m.	Julie Searcy, 2854 NW Angelica Dr.
9	Board Meeting	12:30 - 2:00 p.m.	US Bank (corner of 9th & Walnut)
10	Afternoon Lit Group	2:00 p.m.	Sally Terman's, 2964 NW Spurry (off Arrowhead)
15	Newsletter deadline		
19	No-Host Lunch	11:45 a.m.	Big River Restaurant, 101 NW Jackson (by the Riverfront)
21	Branch Program <i>"Fitness for a Lifetime"</i>	10 a.m.	Timberhill Athletic Club, 2855 NW 29th St.
28	Gourmet Group		Make your reservation with Denise Nervik at 752-824 by April 16th



Membership

V.P. Membership
 Louise Livesay, 753-4813
 Mary Mills, 745-7961
 Nelwyn Price, 754-3612



Welcome New Members

Sherlyn Dahl has lived in Corvallis for 6 months. She is the Director of Benton Community Health Center. She has developed and worked in health centers for over 15 years. Sherlyn has a BS degree in Nursing from Moorhead State Univ. and a Masters degree In Public Health from the Univ. of Minnesota. She and her husband, Arne Haines, have 2 sons, 2 stepsons and 1 grandson. Sherlyn enjoys reading, travel and a nice glass of wine. She says, "I'm a strong advocate for women and I am looking to become more involved in my new community." Sherlyn would like information about book groups. Thanks to Linda Modrell for introducing Sherlyn to AAUW.

Barbara Ashman received her BA degree and MA degree in psychology from Sacramento State Univ. She was born in Portland OR. She has also lived in CA, WA., and in Montana before moving to Corvallis. Barbara is now retired after having a career as a Director of Medical Research Projects. She has 1 daughter in Washington State. She says, "I'm just an old widow lady living with my 3 cats." Barbara likes to walk, garden, and is currently remodeling her home. She joined AAUW to meet more people and to contribute to women's issues. Barbara learned about AAUW from Marion Dickens. She would like information about various interest groups in AAUW.

Beth Rietveld is the Director of the Women's Center at Oregon State Univ. She received her M.S. degree from the Univ. of Illinois, Urbana-Champaign and did doctoral studies at Oregon State from 1980 to 1985. Beth has been a resident of Corvallis for 27 years. Her interests include quilting, reading and piano. She feels that AAUW will connect her to other women in the community who are interested in higher education issues. Several members had encouraged her to become a member of our Corvallis Branch of AAUW.

Sue Ann Bottoms received her Ph.D. from Oregon State Univ. Her field of study is in biology and science education. She is currently the Associate Director of the SMILE (Science & Math Investigative Learning Experiences) Program at OSU. Beth has lived in Joseph, Oregon, Bellingham and Seattle, WA., Maine and in Spain. She moved to Corvallis in 2000. She and her husband, Gary Court, have 2 very special pets, Phoebe, the cat with a Spanish passport and Rhea their dog. Sue Ann enjoys reading, cooking, gardening, walking and golfing. Sue Ann says, "I spent the last 5 years working on my Ph.D. degree and working full time. I am now looking forward to a social life again." She is interested in joining the evening book group. She became aware of AAUW after picking up a flyer at the Corvallis library. We welcome our 4 new members!

VOTE FOR NOMINATED 2007/2008 OFFICERS

We will vote for the following nominated slate of officers at our April 21 Branch meeting:

President: Edie Lee
Program Vice-President: Sue Ann Bottoms
Membership Vice-Presidents: Pam Duren, Marion Dickens, Dianne Jackson
Secretary: Janice Abele
Treasurer: Sue Borden

A vote on a motion to raise our 2007/2008 Branch dues by \$1.00, will also be taken.
 Since National will raise our 2007/08 membership dues by \$2.00, our total membership dues would be \$75.00.

Member Updates

New email address:

Patty Eberhardt
PattyEberhardt@comcast.net

New Member Contact Information

Sherlyn Dahl
 3101 NW Morning Glory Dr.
 H - 753-4991
 W - 766-6034
 MS - U of Minnesota
 Public Health

Barbara B. Ashman
 1830 NW 17th St.
barbashman@Exchangenet.net
 H - 738-2627
 MS - Sacramento State U
 Psychology

Beth Rietveld
 6055 NW Concord Dr.
beth.rietveld@oregonstate.edu
 H - 745-3960
 W - 737-1330
 MS - U of Illinois
 Psychology/Higher Ed Adm

Jan Rounds, 754-7730



Christmas in May!

Christmas in May? What is it? Yes, an explanation is needed. But first—

You may remember Juliana Mbuthia's comments in our January newsletter about Christmas and poor children in Kenya. Here again are her words:

This past Christmas, I closely observed all the preparations being made here and the anticipation. I admire all that, and I am going to borrow some ideas when I leave. All the same it makes me so sad when I remember the situation back in my country. Many kids don't even know about the opening of gifts because there are no gifts to open. Many parents especially in rural areas can't afford to buy gifts, let alone put a meal on the table. Most kids, especially HIV/AIDS orphans, spend a gloomy, hungry, and miserable Christmas. There is nothing to enjoy. I don't know where to start, but next year perhaps we can join hands and think about those little miserable angels. It takes only \$2 to buy a decent gift in Kenya, and with only \$1 you can give a child a very nice Kenyan meal.

This May we will have the opportunity to reach beyond ourselves and touch the lives of children across the world, in Kenya. Our Board approved a special one-time project: "Christmas in May." During our May luncheon (and Juliana will be our speaker) a Christmas "gift" box will be available for those who wish to participate. The money donated will be sent to the proper authorities in Kenya so that poor children there will have a brighter Christmas.

In her response about this "Christmas in May" project, Juliana exclaimed,

"I read your email. Oh my! I don't know what to say! "Christmas in May" will mean the whole world to those poor little kids in Kenya. To these kids even the smallest gift is highly appreciated. It's going to be a very special treat and even the very first gift for most of these kids. This is something they are not going to forget in their lifetime. Myself—I will never ever forget what AAUW has done for me and the future of Kenyan women."

So, please consider giving to the Christmas box. You may give \$1, \$10, or whatever you wish. We'll total the donations at the luncheon and let you know just how much we raised for the children in Kenya. You may donate cash, or if you wish to pay by check I'll have the correct wording for your checks at the luncheon.

Thank you in advance. Jan Rounds, EF Chair

Former UCLA Employee Awarded \$4.07 Million in Sex Discrimination Case

Los Angeles, CA – An American Association University Women Legal Advocacy Fund-supported plaintiff has received the \$4.07 million jury award from her sex discrimination suit against the Regents of the University of California. The California Supreme Court has chosen not to hear the UC-Regents' appeal.

Janet Conney, a former assistant clinical professor at the UCLA Neuropsychiatric Institute and Hospital, sued the UC-Regents and UCLA in 2003 for sexual harassment, retaliation for complaining about discrimination, and pay inequity. She also sued three former male colleagues individually for other claims.

"This significant award is an immense victory for Janet Conney and women everywhere who battle sex discrimination in the workplace every day," said AAUW Legal Advocacy Fund Interim Director Lisa Maatz. "As Equal Pay Day is observed in April, AAUW reminds women that sex discrimination still exists at every level, and action must be taken to prevent it."

In 1998, Conney signed a contract with UCLA for a full-time fellowship position, but three years later, the school denied her the promotion and reassigned her as a part-time employee with a significant pay cut. She later learned that similarly situated male coworkers were paid double or more what she earned, and that they were offered promotions that she was told were unavailable.

Conney says her supervisor was overly critical of her work and made disparaging comments about her to others in the department. She also says that two other male colleagues—physicians at her rank—made suggestive comments to her about her appearance. Little was done by the administration in regards to Conney's complaints about harassment and pay inequity, and in 2002, her contract was terminated.

In addition to the original complaints Conney had against the school, it was discovered during court proceedings that her UCLA department had a secret reserve of money that they used to supplement the salaries of male faculty members only.

"You start to realize that these obstacles loom very large for women – there is a glass ceiling," Conney said. "Women still bump into a lot of resistance when we try to truly become equal at higher levels."

During her time at UCLA, Conney was awarded the Hartford Young Investigators Award, designed to support young researchers interested in academic careers in geriatric medicine. She was selected for a coveted fellowship position and was appointed clinical instructor at UCLA. She published an article on treatments for dementia in a peer-reviewed journal – something most researchers don't do until later in their careers. During her residency at UC-Irvine, Conney was Chief Resident and Resident of the Year.

Conney continues to practice geriatric psychology at her private practice in West Los Angeles.

"Because women are taking advantage of educational opportunities in record numbers, there is a myth out there that higher education is a place where women have achieved equity," Maatz said. "Janet's case, and many others, shows that simply having large numbers of women on campus does not protect them from discrimination in academia or the workplace."

AAUW has donated more than \$17,000 to Conney's case to date. The award, which Conney received this week, is one of the largest awarded to an AAUW Legal Advocacy Fund plaintiff.

Legal Advocacy Fund

Marilyn Roland, 752-5257

The AAUW Legal Advocacy Fund, a program of the AAUW Educational Foundation, is the nation's largest legal fund focused solely on sex discrimination in higher education. It provides funding and a support system for women seeking judicial redress for sex discrimination.

Local Massachusetts Paper Highlights LSAF Plaintiff

The Hingham Journal, a local paper in Massachusetts, recently printed an article in its "AAUW Corner" about LAF plaintiff Jill Crystal. The AAUW Hingham branch publicity chair, Sharon Lemoff, worked with branch president Kay Campbell to write a piece about Crystal, The Legal Advocacy Fund, and Crystal's case (Crystal v Regents of the University of Michigan).

AAUW Tapped for Information in AP Story

For the second month in a row, AAUW was quoted in an Associated Press story. The February story focused on the climate for women leaders in higher education and discussed the pending appointment of Harvard's first female president. Since the story broke, AAUW has received numerous media interview requests from outlets ranging from the "CBS Evening News" to "Pink" magazine.

LAF 25th Anniversary Pins Are In!

As LAF continues to celebrate its 25th anniversary, members can now go to the website to view recent editions of LAF Update, download the 25th anniversary graphic, and see additional features and updates. The LAF special 25th anniversary pin is now available. With a donation of \$250 or more, you receive not only the special edition anniversary pin but also the traditional LAF pin given to donors of \$100 or more. If you are needing a tax deduction this would be a worthwhile contribution for 2007.



Used books and other media items are needed for the Legal Advocacy Fund Used Book Sale at the May Luncheon branch meeting. Please bring books and media items to the meeting and don't forget to bring your dollars so that you can buy some great summer reading, listening and viewing items! **ALL PROCEEDS WILL GO TO THE LEGAL ADVOCACY FUND.**



Diversity / Equity

Edie Lee
Edie.Lee@oregonstate.edu

The Wage Gap... *it's not just about women anymore!*



If only women had a coupon like this...

23% off

All Goods and Services
for Any Female Bearer

Valid for all purchases in the USA only.
No exclusions. Expires 2050.



...they wouldn't suffer from the wage gap.

For more information on pay equity. Visit www.aauw.org today!

Equal Pay Day is April 24, 2007

Each year, the National Committee on Pay Equity (NCPE) organizes the national observance of Equal Pay Day to raise awareness about unfair pay for women and people of color in America. Equal Pay Day is observed in April to indicate how far into each year a woman must work to earn as much as a man earned in the previous year. Tuesday symbolizes the day when women's wages catch up to men's wages from the previous week. Because women on average earn less, they must work longer for the same pay. For women of color, the wage gap is greater.

In 2005, AAUW's Educational Foundation reported that nationally, college-educated women earn only 72 percent as much as college-educated men, a wage gap of 28 cents on the dollar. In every state, a persistent and significant gap exists between the earnings of college-educated, full-time working women and college-educated, full-time working men.

Afternoon Literature Group

Meets the second Tuesday of the month at 2 p.m.

Carolyn Simmons, 758-0271

CrCAROLYN@aol.com

Tuesday, April 10th

Meets at 2:00 p.m. at Sally Terman's
2964 NW Spurry (off Arrowhead).

Louise Livesay will lead the discussion of Will in the World.

Contact Person: Carolyn Simmons, 758-0271, CrCAROLYN@aol.com

Evening Literature Group

Meets the first Wednesday of the month at 7:30 p.m.

Mary Gray, 752-5970

Jan Tallis, 757-8060

April 4th

Ursula, Under will be reviewed by Nancy Tolin

Hostess is Julie Searcy
2854 NW Angelica Dr.

Please call Julie at 753-9471 or email at: jsearcy@peak.or if you plan on attending.

Bridge Marathon Request

Are you known in your social circles for your wonderful canapes? Does your family always ask you to bring one of your own "creations" when you gather for a special event? The Bridge Marathon Committee is looking for some additional volunteers to provide a little more finger food for refreshments to serve at the Final Night Party. Not all contributions need to be a type of cookie, though cookies are always well received.

The Big Event is Monday, April 16 at the Corvallis Country Club. If you are able to help us with this, please call Sue Borden at 752-6063, or Evelyn Stephens at 754-7327. Pick-up or delivery of your specialty items should be completed before 5 P.M. on that day. Many, many thanks to all of you who have so generously supported the Bridge Marathon with your donations toward prizes and with refreshments since we assumed ownership of it three years ago. It is the fund raiser for our local scholarships.

No-Host Lunch

We'll meet on the third Thursday in April, the 19th, at 11:45.

Everyone's welcome to drop in for a bite and a chat. Jot it on your calendar and drop in while you're out and about. It's always a nice group of ladies sharing good food and good times together.

April 19th Location: Big River, 101 NW Jackson (by the Riverfront). Hope to see you then.

We'll try for seating where we can hear.

Contact Person: Carolyn Simmons, 758-0271, CrCAROLYN@aol.com

Gourmet Group

What a delightful evening we had at Christine and Jim Cantey's in February. Everything at the Gourmet Dinner, from the Chicken Liver Pate appetizer to the Aspic De Pommes dessert, was delicious. The Cantey's recently spent time in Provence and had food related memorabilia they had collected displayed in the kitchen, dining and living room.

The next Gourmet Dinner will take place April 28th. At this time we will enjoy a meal featuring recipes from the popular Moosewood cook books. If you (single or a couple) would like to join us in the preparation and consumption of the dinner, please make your reservation with Denise Nervik at 752-824 by April 16th.

Thanks from your committee co-chairs:
Christine Cantey, Denise Nervik, and
Brenda Rowley