

Branch Newsletter

Volume 25, Number 6

February 2005

In This Issue

Program

President's Message

Membership

Public Policy

LAF

Diversity / Equity

News & Notes

Interest Groups

- Afternoon Lit Group
- Evening Lit Group
- Foreign Films & Food
- Gourmet Group
- No-Host Lunch

Calendar

AAUW promotes equity for all women and girls, lifelong education and positive societal change.

In principle and practice, AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.



AAUW CELEBRATES



STRONG BONES AND BALANCE

Saturday, February 12, 2005
10:00 a.m.

Timberhill Athletic Club
2855 NW 29th Street
Studio A (Upstairs)

At this Saturday morning Branch Meeting, we are proud to introduce Cindy Killip, BA, and Beth Lambright, BMEd, who will present a workshop on osteoporosis and bone density. The presentation will include what osteoporosis is, how to understand your bone scan scores, and how you can prevent, stabilize, and even reverse bone loss. Cindy and Beth will demonstrate exercises that have been proven to increase bone density and improve functional strength, balance, and posture. Emphasis will be on correct form and handouts will be provided so you can practice these exercises on your own, as well as at the meeting.

Cindy Killip is a group fitness instructor, personal trainer, and freelance writer specializing in health and fitness. She has been a certified fitness instructor since 1989, certified by both the American Council on Exercise (ACE) and the Aquatic Exercise Association (AEA). She holds a double BA from Trinity University in San Antonio, TX, and has a background in competitive sports, including collegiate soccer and softball. Cindy currently teaches at Timberhill Athletic Club, including a class called Building Bones and Balance, and this class focuses on osteoporosis risk reduction.

Beth Lambright graduated from the University of Arizona in 1973 with a BMEd. For the past four years, she has been the LBCC Instructor for the Osteoporosis Risk Reduction Class taught at the Benton Center.

This year she was honored as their Teacher of the Year at the Benton Center. She has training and experience in aerobics, weight training and exercises for the elderly. Beth is certified by the American College of Sports Medicine (ACSM). This meeting is sure to be informative and interesting. Plan to come and wear comfortable shoes and clothes. We are so fortunate to have such talented and qualified instructors for this presentation.

Don't miss it!

We will also celebrate one of our own AAUW Branch Members, Louise Livesay. We look forward to hearing from Louise!

Co-Presidents

Stefani McRae-Dickey
929-7988
mcraedic@peak.org

Jan Rounds
754-7730
donjan@peak.org

Program Development Co-VPs

Marge Bromley
bromleymb@comcast.net
Carolyn Simmons
CrCAROLYN@aol.com
Cathy Phelps
cathy.phelps@comcast.net
Marilyn Roland
rolandm2@comcast.net

Membership Co-VPs

Rosemary Cunningham
753-1319
cunninghamrt@comcast.net
Dorothy Ruff
929-4629
druff@mycidco.com
Diana Bernstein
738-8292
dianatbernstein@yahoo.com

Treasurer

Nancy William
753-1979

Secretary

Louise Livesay
fanlu@aol.com

Newsletter Editor

Martha Jenkins
758-4390
marthaj@peak.org

Newsletter & Website Administrator

Cynthia McMahan
MBC Corp.
cynthiamcm@peak.org

Co-Presidents
Stefani McRae-Dickey, 929-7988
Jan Rounds, 754-7730

Jan's Jottings



Great news! Because of your generous contributions, donations, poinsettia orders, and hard work (the Murder Mystery and the upcoming Bridge Marathon among other efforts) we will have sufficient funds to boost our local scholarships this year to \$600 for each of two women! Since these scholarships are designated for the older-than-average female student, this money offers these women a wonderful opportunity for extra financial support *and* encouragement.

New member **June Beck**, our enthusiastic Local Scholarship chairperson, has begun the process of notifying OSU and LBCC of these available scholarships, so if you know of someone who fits the profile, encourage her to apply.

In this day and age of "glass ceilings" reportedly being lifted (well—kinda/sorta), we all know of women who are still trying to "make it," and continue to struggle with being underemployed and underpaid. Isn't it great to have a part in supporting women and helping them achieve their goals?

And speaking of important things: please consider serving on our AAUW Board. We have jobs of varying degrees of commitment, AND we need you. Please contact me if you are willing.

Thanks!

Jan Rounds
Co-President

Caring and Sharing

(Contact Stefani McRae-Dickey at mcraedic@peak.org with information)

Congratulations to new NAACP president—our own **Esmeralda Allen**. Way to go, Esmeralda—and good luck with that important work!

Congratulations to Branch members **Jane Ann Warkentin and Zel Brook**. Both artists have their work showing at the following locations:

Watercolor Symphony

Paintings by **Jane Ann Lehr (Warkentin)**
February 22 – April 12th, 2005
Unitarian Church Fellowship Hall
2945 Circle Blvd., Corvallis
Mon–Fri 9:30am–1:00pm
Sunday 12–1pm

Zel Brook (and non-member Diane Archer)
Language & Maps
Jacobs Gallery at the Hult Center in Eugene
January 14 to February 19
Gallery Hours: Tues.–Fri. noon to 4pm
Sat. 11am to 3pm. and one hour prior to and during
all Hult Center performances

V.P. Membership
Diana Bernstein, 738-8292
Rosemary Cunningham, 753-1319
Dorothy Ruff, 929-4629

Getting Acquainted with New Members

June Beck is new to AAUW, but not to Corvallis. After having received her BS and Masters of Science of Education from OSU, June taught in the Corvallis public schools for 25 years, nine of those years as a resource instructor. When not busy with her children, Jer, Jef, and Wendy Nichols, five grandchildren, and two great grandchildren, June loves to travel, read, knit, watch sports, visit museums, and “collect”.

One of the reasons that June joined AAUW is that the “members believe they can influence our community and society in general”. We could not have said it more eloquently! Say hello to June and welcome her to AAUW.

Membership Directory

Please add these members to your new AAUW directory.

June C. Martin
750 SW C Ave., Apt. 1
Corvallis, Or 97333-4335
jcmartin99@hotmail.com
H – 752-7883
BA – Smith College
American Studies

Becky McKenzie
1636 NW Garryanna
Corvallis, Or 97330
H – 753-5806
beckym@peak.org
MAT – Stanford
Mathematics

New email address
for Velna Werth:
vawerth@thta.org



Membership is now at 100 members!



Do you have only a few moments, but are interested in public policy issues? Go to <http://capwiz.com/aauw/home/>. On this page, you can gather information on your elected officials, legislation, elections and candidates, as well as the media.

As mentioned in a previous newsletter, you can also make your voice heard in Congress and personalize a pre-written AAUW message that can be mailed to your member of Congress. Presently there are eight issues listed for you to support; items such as "Protect A Woman's Right To Reproductive Health Care", "Support Fair Play", "Help Women Get A College Education", etc.



News & Notes

Famous Suffragist Returns to Portland

Several Portland-area women's groups, including AAUW, are joining together to present Susan B. Anthony--The Invincible!

Sally S. Matson stars in this one-woman play based on Ms. Anthony's most fiery speeches, humorous letters, and revealing diary entries. If you would like to join Ms. Anthony at 10 a.m., Saturday Feb. 26, in Room 327 of Smith Student Union, Portland State University, please call Nancy William (753-1979). Nancy has offered to drive and would love to fill her car.

Women's Leadership Conference at Oregon State University

You are invited to come hear the keynote speaker, Barbara Coombs Lee, President of Compassion in Dying Federation and Chief Petitioner of Oregon's Death with Dignity Act. The conference is on February 19, 2005 at the Oregon State University Memorial Union. The keynote speech will be in the Memorial Union Lounge at 10:00 a.m. to 11:00 a.m. Our branch received a \$1500 grant from AAUW of Oregon which we presented to the Women's Leadership Conference.

Our branch is a co-sponsor of the Conference and is also coordinating and presenting two workshops. Do come, be informed, and enjoy the program! Being involved with over 100 women student leaders is very inspirational.

LAF Supports Three New Cases

New cases supported by LAF include a multimillion-dollar verdict against UCLA and double trouble for the University of Missouri–Kansas City. LAF is currently supporting plaintiffs in 19 cases.

Former UCLA Doctor Wins Big at Trial

Janet Conney, a former assistant clinical professor at the University of California, Los Angeles, Neuropsychiatric Institute and Hospital (UCLA), alleged that the university did not give her the wages and job opportunities that it gave to similarly situated male coworkers and that its administrators retaliated against her when she complained. In July 2004, a California superior court jury agreed. It awarded Conney \$2.95 million in damages and found that UCLA violated California state laws by both discriminating against Conney on the basis of her sex and retaliating against her for protesting the treatment she received.

UMKC School of Law Implicated in Two Separate Suits

A tenured associate professor of law at the University of Missouri–Kansas City, Patricia O'Connor had also served as the law library's director for 13 years when administrators abruptly terminated her from her directorship in July 2001. O'Connor claims that her termination was retaliation for complaining about the favorable treatment that a male employee—specifically a subordinate of hers—allegedly received. She sued the university under both Title VII and the Equal Pay Act.

Lissa Lord, former director of electronic communications at the law library of the UMKC School of Law, alleges that around July 2001, the interim law library director and other administrators changed the terms, conditions, and scope of her employment and subjected her and female colleagues to a hostile work environment. She further alleges that after reporting this treatment to UMKC administrators and filing a discrimination claim with a state agency, she suffered intense retaliation that culminated in the nonrenewal of her contract. She sued the university under Title VII and Missouri state law.



"Our lives begin to end the day we become silent about things that matter."
Martin Luther King Jr.

One component of AAUW's diversity outreach program is the Adelante! Book of the Month Club.

Since February is Black History Month, the suggested reading is *Quilting the Black-Eyed Pea: Poems and Not Quite Poems*, by Nikki Giovanni. According to the author, "Quilting is a metaphor for space travel and the Black folk that I imagine await on us on Mars, sitting around quilting the black-eyed pea."

Ms. Giovanni is a poet, activist, mother, the author of 27 books, and a distinguished Professor of English at Virginia Polytechnic Institute in Blacksburg, VA. In 1999, she was one of 14 living writers inducted into The Literary Hall of Fame for writers of African Descent. She has been called "one of America's preeminent poets".

Quilting the Black-Eyed Pea is a collection of 50 poems, sketches and meditations that touches on a gamut of events as Ms. Giovanni in her narrative voice gives the world a historical overview and also focuses on the future. This collection, which cuts to the core and seems unapologetic, is very intimate. Each piece in the collection has the ability to pull the reader into a vortex of introspection. She has mastered the art of blending grief, sarcasm and sometimes outrage with the right touch of humor. This book has been highly recommended by most reviewers.

Save on Books and Music...and Make Your Purchases Count



Every time you order books, music and more from online discounter, Amazon.com, through AAUW's website, a percentage of your sale goes to AAUW. Visit www.aauw.org, click on the partnership programs link at the bottom of AAUW's home page, and follow to Amazon.com link.



"The future belongs to those who believe in the beauty of their dreams."



— Eleanor Roosevelt

Afternoon Literature Group

Meets the second Tuesday of the month at 2 p.m.

Louise Livesay, 753-4813

Contact Louise if you can not come.

February 8

Caramelo by Sandra Cisneros

Hostess: Carolyn Simmons
1302 Souza Pl.
CrCAROLYN@aol.com

Reviewer: Sally Terman

Evening Literature Group

Meets the first Wednesday of the month at 7:30 p.m.

Mary Mills, 745-7961
Shirley Wirth, 754-7186

February 2

Life of Pi by Yann Martel

Hostess: Denise Nervik
2850 SW DeArmond Dr.
nervikd@peak.org

Reviewer: Rosie Cunningham

Foreign Films & Food

February 18 is the date for this month's fun with foreign films.

Desserts will be ready at 6:15 pm followed by the film at 7:00. Sally Terman's home (2964 NW Spurry Place) will be the location.

Please call 752-9019 to reserve your spot. The deadline is February 14. Only eight seats are available.

Gourmet Group

Seventeen of us enjoyed a fantastic Indian Dinner at the Nervik's on January 22nd.

We did have to turn a few people away, due to space constraints, and we apologize to those of you who were unable to join in "At the Table of the Raj".

Our next dinner will be "Nectar and Ambrosia" featuring foods from Ancient Greece.

This should be a wonderful feast of fascinating foods, and will be hosted by Christine and Jim Cantey at their charming home. Get your reservations in, so you'll be sure to be included at this dinner. It will be held on

Friday, March 11, 2005, at 7:00 p.m. Please make your reservation by Wed. February 16th. If you're new to AAUW's Gourmet Group Dinners, please feel free to attend your "first one" at any time during the year. We welcome couples, singles; basically anyone who loves to prepare and enjoy good food.

Make your reservation to Carolyn Simmons, 758-0271, CrCAROLYN@aol.com.

Thanks, and as always, Bon Appetit!!

No-Host Lunch

It was fun meeting for lunch at The Headwaters Cafe (at Salbasseon Suites) on Thursday, January 20th. These monthly drop-in lunches are a great way to visit with and get to know other AAUW members in a casual setting.

Sure hope you can plan to join us for our February Lunch, to be held on the third **Thursday, February 17th, at 11:45 a.m., at American Dream Pizza** (on 2nd Street, across from New Morning Bakery). You can let me know you're coming or just drop-in. Won't you join us?

~Carolyn Simmons 758-0271 or
CrCAROLYN@aol.com

FEB	Activity	Time	Location
2	Evening Lit Group	7:30 p.m.	Denise Nervik 2850 SW DeArmond Dr.
8	Afternoon Lit Group	2 p.m.	Carolyn Simmons 1302 Souza Pl.
12	Program: AAUW Celebrates Strong Bones & Balance	10 a.m.	Timberhill Athletic Club 2855 NW 29th Street Studio A (Upstairs)
14	Board Meeting	12:30 – 2 p.m.	US Bank, corner of 9th & Walnut
15	Newsletter deadline		
17	No-Host Lunch	11:45 a.m.	American Dream Pizza
18	Foreign Films & Food	6:15 p.m.	Sally Terman 2964 NW Spurry Pl.
19	Women's Leadership Conference		OSU Memorial Union
MAR	Activity	Time	Location
11	Gourmet Group	7 p.m.	Reservations due by February 16
14	Board Meeting	12:30 – 2 p.m.	US Bank, corner of 9th & Walnut